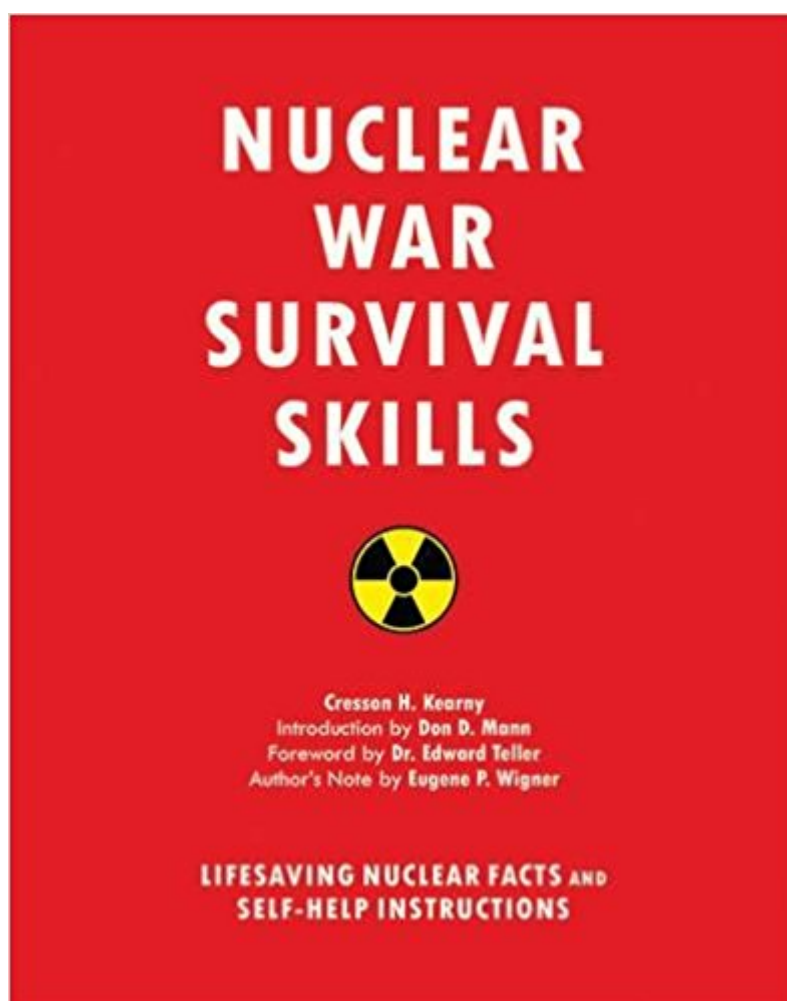


The book was found

Nuclear War Survival Skills: Lifesaving Nuclear Facts And Self-Help Instructions



Synopsis

A field-tested guide to surviving a nuclear attack, written by a revered civil defense expert. This edition of Cresson H. Kearny's iconic *Nuclear War Survival Skills* (originally published in 1979), updated by Kearny himself in 1987 and again in 2001, offers expert advice for ensuring your family's safety should the worst come to pass. Chock-full of practical instructions and preventative measures, *Nuclear War Survival Skills* is based on years of meticulous scientific research conducted by Oak Ridge National Laboratory. Featuring a new introduction by ex-Navy SEAL Don Mann, this book also includes: instructions for six different fallout shelters, myths and facts about the dangers of nuclear weapons, tips for maintaining an adequate food and water supply, a foreword by "the father of the hydrogen bomb" physicist Dr. Edward Teller, and an "About the Author" note by Eugene P. Wigner, physicist and Nobel Laureate. Written at a time when global tensions were at their peak, *Nuclear War Survival Skills* remains relevant in the dangerous age in which we now live.

Book Information

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Customer Reviews

Cresson H. Kearny was a graduate of the Texas Military Institute and of Princeton University. He worked for Standard Oil in Venezuela and served in the US Army as a captain in the Panama Mobile Force. Many of his jungle-tested inventions were used by US infantrymen in WWII. In 1964, Kearny joined the Oak Ridge National Laboratory civil defense project, which is where the research supporting his book *Nuclear War Survival Skills* was conducted. He died in 2003. Don Mann is an

ex-Navy SEAL, an athlete, and a prolific author of Navy SEAL-related fiction and nonfiction. He has made numerous television appearances across all major networks and has written pieces for Time, Newsweek, Runner's World, Men's Fitness, Huffington Post, CNN.com, Wall Street Journal, Washington Post, and many more. He lives in Miami, Florida. Dr. Edward Teller (1908-2003) was a theoretical physicist known colloquially as 'the father of the hydrogen bomb'. He was a key member of the Manhattan Project during WWII. Eugene P. Wigner (1902-1995) was a noted theoretical physicist and mathematician. He received the Nobel Prize in Physics in 1963.

What can you say about something like this? I recall 'duck and cover' drills in grammar school.

Love this book

good info

Highly detailed information presented in a format and logically useful way for many emergency and disaster scenarios, but concentrated on the nuclear strike possibility. Serves also to deconstruct of the Anti-Nuclear mythology in political and cultural discourse.

so much great info

Even if you don't think nuclear disaster is a realistic scenario, this book still has a lot of good information that would be useful in many other emergency situations, particularly the information on how to prepare and eat raw cereal grains, and how to meet all nutrition requirements in a crisis.

This is required reading for anyone concerned with this topic. It is the best information available, do not be concerned with when it was written because basic physics does not change with time.

Straight forward, concise information. This is not a doomsday scenario book. Rather, it explains the effects of a nuclear attack and what you can do to protect yourself and your family.

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